

Meyers Briggs

Which answer comes closer to telling how you feel or act **most of the time**?

- _____ 1. Are you
 - (1) easy to get to know or
 - (2) hard to get to know
- _____ 2. If you were a teacher, would you rather teach
 - (1) fact courses or
 - (2) theory courses
- _____ 3. Are you usually
 - (1) a good mixer or
 - (2) rather quiet and reserved
- _____ 4. Do you prefer to
 - (1) arrange dates, parties, etc. well in advance or
 - (2) be free to do whatever looks like fun when the time comes
- _____ 5. Would you rather be considered
 - (1) a practical person or
 - (2) an ingenious person
- _____ 6. In a large group, do you more often
 - (1) introduce other or
 - (2) get introduced
- _____ 7. Does following a schedule
 - (1) appeal to you or
 - (2) cramp you
- _____ 8. Do you
 - (1) talk easily to almost anyone or
 - (2) find a lot to say only to certain people or under certain conditions
- _____ 9. When you go somewhere for the day, would you rather
 - (1) plan what you will do and when or
 - (2) just go

Think about what the words mean, not how they look or sound. Pick the one word in each pair that you like best. (Put word number in the box preceding the pair.)

	1	2
10.	Think	Feel
11.	Fact	Idea
12.	Jolly; high spirited	Quiet
13.	Convincing	Touching
14.	Scheduled	Unplanned
15.	Statement	Concept; thought
16.	Analyze; study	Sympathize; pity
17.	Systematic	Spontaneous
18.	Determined	Devoted
19.	Concrete; real	Abstract; theoretical
20.	Firm-minded	Warm-hearted

Scoring instructions

1. Transfer your answers to columns below.
2. Total each column.

E-I	S-N	T-F	J-F
1.	2.	10.	4.
3.	5.	13.	7.
6.	11.	16.	9.
8.	15.	18.	14.
12.	19.	20.	17.
Total_____	Total_____	Total_____	Total_____

3. Circle, total score for each column:

5	5	5	5
E 6	S 6	T 6	J 6
7	7	7	7
8	8	8	8
I 9	N 9	F 9	P 9
10	10	10	10

Combinations of perception and judgment, compared
(reprinted from 1962 Myers-Briggs Type Indicator Manual)

	ST	SF	NF	NT
People who prefer	Sensing and Thinking	Sensing and Feeling	Intuition and Feeling	Intuition and Thinking
Focus their attention on	Facts	Facts	Possibilities	Possibilities
And handle these with	Impersonal analysis	Personal Warmth	Personal Warmth	Impersonal analysis
Thus they tend to be	Practical and matter-of-fact	Social and friendly	Enthusiastic and insightful	Intellectually ingenious
And find scope for their abilities in	Production, Construction, Accounting, Business, Economics, Law, Surgery, Etc.	Sales, Service, Customer Relations, Welfare Work, Nursing, General practice, Etc.	Research, Teaching, Preaching, Counseling, Writing, Psychology, Psychiatry, Etc.	Research, Science, Invention, Securities Analysis, Management, Cardiology, Etc.